

DAY SPA passes

Hotel guests - full day

22,50€

Partial Spa Day

- Up from 5pm -
exclusive for hotel guests

12,50€

Indoor Swimming Pool - full day

12,50€

Non hotel guests - full day

35,00€

Pack 10-entry pass

(max.3people)

270,00€

Access to the indoor swimming pool, jacuzzi, finnish sauna, turkish steam bath, ice fountain, sensation shower, refreshing pool, relaxing room and fitness area. A robe, a towel, slippers and a key for a locker are included to use during the day*. Tea*, mineral water are free of charge. The treatments are not included.

*Except for Partial Spa Day & Swimming Pool

Remarks:

Free use of the facilities on the day of the treatment if its total amount is **equal to or higher than 55.00€** (per person and already with discounts applied).



Spa rules

Reservations

All reservations are subject to availability. To guarantee your favourite date and time we recommend you to book your treatment at least 24 hours before.

Arriving at the Spa

Please arrive 15 minutes prior to your scheduled appointment in order to change and prepare yourself. Arriving late for your appointment will decrease your treatment time.

Duration of the treatments

The duration of the body treatments includes the time of the shower (before/after).

Cancellation policy

You can cancel your treatment 24 hours prior to your appointment. Any cancellation with less than 24 hours notice or all no-shows will be charged with 50% of the treatment.

Payment

Your treatment will be charged upon your arrival. We accept cash or credit card. If you are a guest at our hotel it can be charged to your room account.

Health

Before your treatment begins you will be asked to fill in a health questionnaire. Please inform us about any medical conditions. Massages or stimulating treatments are not recommended during the first 12 weeks of pregnancy.

Age policy

Children under 16 years old are not allowed to use the spa facilities or do any kind of treatment.

Facilities and dress code

Upon your arrival you will be given a bathrobe, a towel and slippers. Use the towel in the Finnish sauna, on the wooden benches and in the relaxation room. Please have always a shower before using the indoor swimming pool, Finnish sauna, Turkish steam bath, jacuzzi and refreshing pool. It is obligatory to use appropriate clothing at all times while exercising in the fitness room.

It is not permitted to do nudism in any part of the spa.

Valuable objects

We recommend that you to leave your valuable objects in your hotel room or inside your locker. We decline any responsibility for any lost or stolen items while visiting or using the spa.

Spa etiquette

Help us keep the spa a place of tranquillity and relaxation. In order not to disturb the other spa guests please try to speak softly and avoid using any electronic equipment while at the spa.

Price list

All treatments, packages and prices are subject to changes without any prior notice. With the publication of this price list all the previous cease to be valid. VAT has been added to all prices.

Relaxing Can Be... Just Splendid!



Opening hours

Monday until Sunday: 10:00 - 19:00

Please consult our information board for possible changes.

Reservations

Tel.: + 351 291 930 442 (ext. 4120)

Email: spa@quintasplendida.com

FACIAL TREATMENTS

Reviderm

RENEW

- **Classic**

Ideal to activate the tired and aged skin. .

60 min / 100€

- **Anti-aging**

With microdermabrasion and collagen.

Delays the aging process of the skin.

95 min / 175€

- **Cellular regeneration I**

With microdermabrasion and ultrasound. Stimulates, removes the dead cells, and regenerates the demanded skin..

90 min / 185€

- **Relax and lift**

With microdermabrasion, ultrasound, collagen and special products. This anti-aging treatment has a similar effect to Botox. .

120 min / 200€

Payot

- **Energizing ritual**

Stimulates the skin's energy and vitality, giving the face a radiant glow.

60 min / 85€

- **Expression lines**

correction ritual

Designed for women aged 30 and over.

For all skin types..

75 min / 95€

- **Ritual lift**

For mature skin lacking firmness. Suitable for women over 45.

75 min / 95€

- **Premium ritual**

Specially adapted to the characteristics of men's skin. Deep cleanses, detoxifies, purifies, and regenerates.

60 min / 85€

- **Shape** -eyebrow
- **Tint** - eyebrow
- eyelash

15 min / 20€

INDIVIDUAL MASSAGES

- **Swedish**
- **Lymphatic drainage**
- **Scent & sense** (aromatherapy)
- **Symphony** (anti-stress)

- **Therapeutic massage (localized)**
- **Reflexology**

- **Touch of nature** (with hot stones)

- **In heaven** (head and face)

- **Back, neck and shoulders**

- **Pre-mommy**

MASSAGES OF THE WORLD

- **Balinese**
- **Javanese**
- **Lomi-lomi**

Indonesian

- **Pantai luar** (with herbal bags and hot oils)

East Asia

- **Manawa**

Hawaii

- **Bambuterapia**

France

RELAX FOR TWO

(includes 2 glasses of sparkling wine & Chocolates)

- **Swedish**
- **Symphony** (anti-stress)
- **Scent & sense** (aromatherapy)
- **Touch of nature** (with hot stones)

RELAX

60 min / 85€
30 min / 60€

45 min / 75€

75 min / 110€
30 min / 65€

30 min / 60€

45 min / 75€

45 min / 75€

50 min / 80€
75 min / 110€

30 min / 65€
45 min / 80€

60 min / 98€

30 min / 65€
60 min / 98€

50 min / 160€
75 min / 198€

BODY TREATMENTS

Balneotherapy

- Eucalyptos
- Herbs
- Bolus alba with after eight

Hamam Peeling on the hamam table

- Salt & oil
- Bolus alba with goat milk
- Natural olus alba with flowers

Hamam Package

- Peeling, mask and relaxing massage

ANTI-CELLULITE

- Anti-celulite massage

- **Package** - Peeling, mask and anti-cellulite massage

swiss line
BY DENMALAB

Cosmetic treatments

Manicure

- Normal
- Normal with paraffin moisturizing
- Deluxe: (Peeling, mask, massage & nail polish)
- Nail polish

Pedicure

- Normal
- Normal with paraffin moisturizing
- Deluxe: (Peeling, mask, massage & nail polish)
- Nail polish

Epilation

- Facial epilation
- Armpits or groins
- Half a leg (up to the knee)
- Complete leg

BEAUTY
& SPA

30 min / 50€

30 min / 60€

60 min / 95€

45 min / 75€

90min / 150€

30 min / 50€

50 min / 70€

90 min / 90€

15 min / 15€

60 min / 65€

75 min / 85€

90 min / 95€

15 min / 15€

30 min / 50€

45 min / 75€